



28th Annual  
**CONNECTIONS  
COUNT**  
*Professional  
Development  
Conference*



**MARCH 19-20, 2026**

**PRESENTED BY:**

**Lauberge**<sup>®</sup>

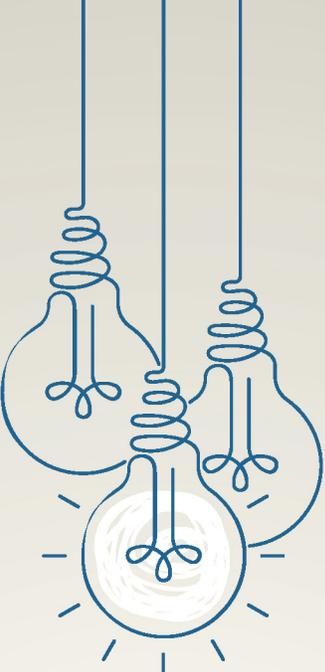
CASINO RESORT  
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# INNOVATIVE SOLUTIONS FOR A STRONGER COMMUNITY

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28  
YEARS OF  
CONNECTIONS COUNT!

The **Connections Count! Professional Development Conference** brings professional individuals together to expand and enhance our community's mental and behavioral health knowledge for the benefit of children, youth, and families.

Annually, this event attracts over 250 professional individuals from Southwest Louisiana and beyond. Connections do count, so please be a part of our determination to enhance and celebrate our collective expertise!

# FREQUENTLY ASKED QUESTIONS

## EARLY BIRD REGISTRATION

Early Bird registration is discounted to \$399.00. PLEASE NOTE the opportunity to secure a discounted registration fee ends on Friday, January 30, at 5:00 P.M.

## GENERAL REGISTRATION FEE

General Registration is \$475.00 and includes full access to your selected educational workshops, a continental breakfast and lunch on both days of the conference, and Continuing Education Units (CEUs) for qualifying participants. This all-inclusive registration offers two full days of high-quality professional development, connection, and learning led by experienced presenters.

## CANCELLATION POLICY

Cancellations received by March 1, 2026, will receive an 80% refund of the registration fee. **No refunds will be issued for cancellations after March 1, 2026, or for registered participants who do not attend.** Approved refunds require a \$35.00 processing fee.

## CERTIFICATE OF ATTENDANCE

A certificate of attendance will be available, **by request**, at the conclusion of the conference.

## PURCHASE ORDERS

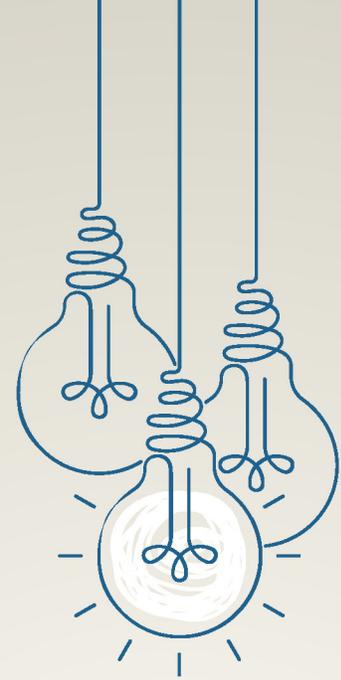
Schools and organizations wishing to pay by purchase order may do so for group registrations. All participants must still complete individual online registrations. A group registration code will be provided once full payment has been received. For more information or to begin the purchase order process, please contact [elizabethd@fyca.org](mailto:elizabethd@fyca.org)

## MAIL-IN REGISTRATION FORM

**Form available by request.** Mail-In submission deadline is February 23. Please mail your completed form and check (*made out to Family & Youth*) to:

Family & Youth  
220 Louie Street  
Lake Charles, LA 70601  
ATTN: Elizabeth Davis

**or** email it to [elizabethd@fyca.org](mailto:elizabethd@fyca.org) no later than February 23.



# FREQUENTLY ASKED QUESTIONS

## APPROVED CLOCK HOURS

Continuing education clock hours are approved by several authorities: Louisiana Association of Marriage and Family Therapy (LAMFT); Louisiana Board of Social Work Examiners (LABSWE); National Board for Certified Counselors (NBCC); and ADRA. Estimated clock hours are 14.

Family and Youth Counseling Agency is an Approved Continuing Education Provider for NBCC (ACEP No. 6148) and LABSWE. Programs that do not qualify for NBCC and/or LABSWE credit are clearly identified. Family and Youth Counseling Agency is solely responsible for all aspects of the program.

Continuing Education Certificates indicating completed clock hours will be emailed to participants who submit appropriate and validated documentation. Your certificate will be emailed to the provided email written on the submitted Monitoring Form, which is collected at the end of the conference. **Following the Conference, there will be a \$5 Certificate Replacement Fee.**



## L'AUBERGE CASINO RESORT LAKE CHARLES

L'Auberge Casino Resort in Lake Charles is the conference site. Limited discounted hotel rooms of \$109 (*not including taxes or fees*) are available by using code **SCOUNT26** at <https://www.lakecharles.com>

### Directions From West Lake Charles:

I-10 East. Merge right onto the I-210 Loop at Exit #25. Go over the I-210 E bridge. Take the Nelson Road Exit #4.

Remain in the far left lane and continue following the signs to CASINO AREA. The exit will veer left and cross under the I-210 Bypass. Proceed to the far right lane following the CASINO AREA sign.

### Directions From East Lake Charles:

Take I-10 West to Lake Charles. Merge onto the I-210 Loop. Take Exit #4 at Nelson Road. Turn right onto Nelson Road and follow the signs into L'Auberge Casino Resort.

# CONFERENCE AGENDA

## THURSDAY, MARCH 19

### NETWORKING BREAKFAST

7:45AM - 8:30AM

### CONFERENCE WELCOME

Conference Director: Michaelynn Parks, VP Family & Youth

8:00 AM

### SESSION 1

8:30AM - 10:00 AM

- **Unmasking Digital Threats: The Impacts of Online Spaces and How to Help**  
*Dr. Katie Guinn, LPC-S & Andrew Brown, LPC*
- **Introduction to Internal Family Systems: A Practical Framework for Therapist, Part 1**  
*Beau Laviolette, MSW, LCSW*
- **The "Forgotten Grievors": Understanding Children's Grief**  
*Brad Gros, LPC-S & Brittany Williams-Wright, PLPC*

### BREAK

10:00AM - 10:15AM

### SESSION 2

10:15AM - 11:45AM

- **From Mandated Reporter to Mandated Supporter**  
*Sharrard Crespo, MSW, LCSW*  
*Ethics*
- **Introduction to Internal Family Systems: A Practical Framework for Therapist, Part 2**  
*Beau Laviolette, MSW, LCSW*
- **When Words Aren't Enough: Using Art in Child and Adolescent Therapy**  
*Angela Lee, LCSW-BACS*
- **Pedophilia through the Lifespan: Clinical and Correctional Perspectives**  
*Sarah Monceaux, MSN, APRN, PMHNP-BC & Kara Warshaw, FNP, PMHNP*  
*Diagnosis*

# CONFERENCE AGENDA

## THURSDAY, MARCH 19

### LUNCH / KEYNOTE

11:45AM - 1:00PM

#### **Over-Pressured & Under-Prepared: The Psychological Pitfalls of Modern Adolescence and a Pathway into Possibility**

*David Durand*

- **Enneagram + Attachment: The 9 Personality Types, Attachment Style, & Clinical Application, Part 1**  
*Tuyl Mogabgab, LCSW-BACS, MPH & Carol Ann Soltz, MPH*
- **Attachment, Vulnerability, and the Narcissistic Self: Rethinking NPS in Modern Practice**  
*Dr. Katie Guinn, LPC-S*  
*Diagnosis*
- **Over-Pressured & Under-Prepared: The Psychological Pitfalls of Modern Adolescence and a Pathway into Possibility, Part 2 to Keynote**  
*David Durand*
- **Parenting like a Pack Leader: Lessons from Animal-Assisted Therapy for Family Dynamics**  
*Sarah Monceaux, MSN, APRN, PMHNP-BC & Kara Warshaw, FNP, PMHNP*

### BREAK

2:45PM - 3:00PM

- **Enneagram + Attachment: The 9 Personality Types, Attachment Style, & Clinical Application, Part 2**  
*Tuyl Mogabgab, LCSW-BACS, MPH & Carol Ann Soltz, MPH*
- **Maternal Mental Health Matters: Suicide Education and Response**  
*Sharrard Crespo, MSW, LCSW*
- **Uncovering the Link: The Connection Between Domestic Violence, Sexual Assault, and Human Trafficking**  
*Monica Taylor*
- **Two Worlds, One Mission: Bridging School and Clinical Counseling**  
*Vickie Wynn, M.S., LPC, NCC*

### SESSION 3

1:15PM - 2:45PM

### SESSION 4

3:00PM - 4:30PM

# KEYNOTE SPEAKER THURSDAY, MARCH 19

## DAVID DURAND, M.A., CMPC FOUNDER REAL DEVELOPMENT LLC

**David Durand, MA, CMPC**, is a mental performance consultant with a master's degree in Clinical Psychology and advanced training in sports and performance psychology. He works with athletes, coaches, teams, and organizations to strengthen mental skills, improve resilience, and support healthy psychological development. David integrates evidence-based practices with practical tools to help individuals navigate pressure, enhance performance, and grow as people both on and off the field.

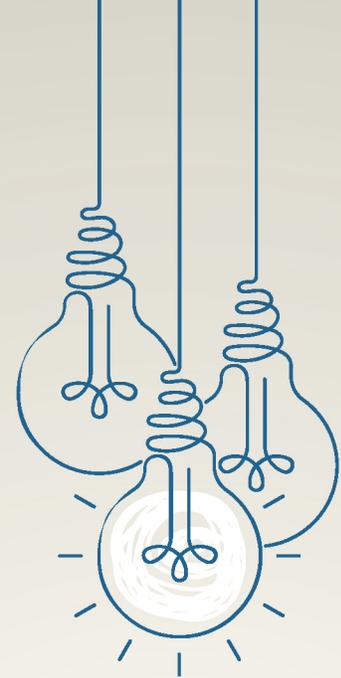


### **Over-Pressured & Under-Prepared: The Psychological Pitfalls of Modern Adolescence and a Pathway into Possibility**

**David Durand's** interactive keynote introduces three major psychological traps facing modern adolescents; perfectionism, productionism, and people-pleasing. Participants will learn how to identify these traps in adolescents, understand the mechanisms that keep them stuck, and practice the same psychological skills David uses with youth, athletes, parents, and teams. This session balances education, real-world examples, and practical exercises that participants can implement immediately in their homes, classrooms, or programs.

#### **Learning Objectives:**

- 1. Participants will be able to identify and distinguish the three core psychological pitfalls affecting modern adolescents; perfectionism, productionism, and people-pleasing; and recognize how each one manifests behaviorally, emotionally, and socially.*
- 2. Participants will learn evidence-based psychological and nervous system regulation strategies (e.g., CBT/REBT reframing, values-based coaching, sensory regulation tools) that support adolescents in reducing pressure, increasing resilience, and improving self-regulation.*
- 3. Participants will develop practical skills for applying these tools in real-world settings' including classrooms, counseling contexts, athletic environments, and community program, to help adolescents build healthier identities, navigate stress, and engage with challenges more constructively.*



## **NETWORKING BREAKFAST**

7:45AM – 8:30AM

- **A Missing Piece: Parental & Caregiver Involvement in the Prevention of Child Sexual Abuse**  
*Alison Sutherland, B.S., CFP*
- **Replacing Self-Care with Resiliency Skills for Helping Professionals, Part 1**  
*Dr. Corie Hebert, Ph.D., LMSW*  
*Ethics*
- **The REAL Definition of Codependency**  
*Tanya Stuart, LCSW-BACS, LAC, CCS*
- **From Love to Litigation: Guiding Clients through the Complex Dynamics of Narcissistic Relationships and Divorce**  
*Julie Este-McDonald, LPC-S (LA), LPC (TX)*

## **BREAK**

10:00AM – 10:15AM

- **Counselors as Allies: Ethical and Effective Mental Health Care for the LGBTQ+ Community**  
*Kristen Cassidy MA, LPC-S, NCC, CEAP*  
*Ethics*
- **Replacing Self-Care with Resiliency Skills for Helping Professionals, Part 2**  
*Dr. Corie Hebert, Ph.D., LMSW*  
*Ethics*
- **Screening and Treating Dissociation via Telehealth**  
*Elizabeth "Beth" Pace, LPC-S*  
*Diagnosis*
- **Approaches to Working with Adolescents and Their Families**  
*Tanya Stuart, LCSW-BACS, LAC, CCS*

## **SESSION 1**

8:30AM – 10:00 AM

## **SESSION 2**

10:15AM – 11:45AM

# CONFERENCE AGENDA

## FRIDAY, MARCH 20

### LUNCH / KEYNOTE

11:45AM - 1:00PM

**Connections Count: Regulated Systems, Resilient Children, and the New Realities of Youth Mental Health**

*Clint Davis, LPC*

### SESSION 3

1:15PM - 2:45PM

- **Ages and Stages of Child Sexual Development, Sexual Abuse, and Sexual Behavior**  
*Sandra Onyinanya, APRN, CPNP-PC, CA-CP SANE & Lisa Schuster, PhD, ABPP*
- **Quick Advanced Integrative Therapy (AIT): Practical Techniques for Emotional Reprocessing and Self-Regulation**  
**Part 2 to Screening and Treating Dissociation via Telehealth**  
*Elizabeth "Beth" Pace, LPC-S*
- **Next-Level Supervision: Preparing Trauma Counselors for Real-World Practice**  
*Mike Caverly, PhD, LPC*  
*LPC Supervision*

### BREAK

2:45PM - 3:00PM

### SESSION 4

3:00PM - 4:30PM

- **Identifying Victims of Sexual Abuse or Human Trafficking**  
*Clint Davis, M.S., LPC, CSAT, CCTP*
- **Ethics in a Small Town for LPC's and LMFT's**  
*Michael Monic, LPC*  
*LMFT & LPC Ethics*
- **Every Mark Tells a Story: Pediatric Forensic Care, Laws and Reporting**  
*Tammy Smith, BSN, RN, SANE-A, SANE-P & Jessica M. Plaisance, BSN, RN, SANE-A, SANE-P*
- **Self-Harm and Sensory Satisfaction: Safer Ways to Cope**  
*Kristen Cassidy, LPC-S*

**KEYNOTE SPEAKER**  
**FRIDAY, MARCH 20**

**CLINT DAVIS, M.S., LPC, CSAT, CCTP**  
**CLINICIAN AND OWNER**  
**CLINT DAVIS COUNSELING & INTEGRATIVE WELLNESS**

**Clint Davis, M.S., LPC, CSAT, CCTP** is an Army veteran with a B.S. in Psychology from Louisiana Tech University and an M.S. in Marriage and Family Therapy from Fuller Theological Seminary. He is an ordained minister and Licensed Professional Counselor trained in EMDR for trauma, Restoration Therapy for couples and families, and is a Certified Clinical Trauma Professional (CCTP) and Certified Sex Addiction Therapist (CSAT). Clint is also an author of *Building Better Bridges: A Guidebook to Having Difficult Conversations That Can Save Our Children* and a public speaker. He is married to Jacie, and they have two sons, Grady and Jude.



**Connections Count: Regulated Systems, Resilient Children,  
and the New Realities of Youth Mental Health**

Professionals serving children and families face growing complexity, urgency, and emotional strain as today's youth experience rising anxiety, depression, suicidality, and early exposure to online sexual content. This keynote examines how modern risk factors, digital overload, chronic overstimulation, relational disconnection, and overwhelmed caregiving systems, intersect with trauma and shape child and adolescent mental health.

Designed for counselors, educators, social workers, advocates, law enforcement, and allied professionals, the session offers a grounded, hope-centered framework that strengthens adult regulation, relational safety, and system capacity. Participants will leave with practical strategies, shared language, and renewed clarity for fostering resilience in children, families, schools, and communities.

**Learning Objectives:**

- 1. Participants will learn to describe how modern stressors, including digital exposure, chronic dysregulation, and relational disconnection, contribute to current youth mental and behavioral health trends beyond traditional ACE frameworks.*
- 2. Participants will learn to recognize the impact of adult and system regulation on child outcomes and identify practical strategies to strengthen co-regulation, emotional safety, and resilience across professional settings.*
- 3. Participants will gain a shared, strengths-based framework for responding to youth mental health challenges that supports sustainable practice, strengthens connection across systems, and protects the well-being of both children and professionals.*

# THURSDAY SESSION 1 OBJECTIVES

## **Unmasking Digital Threats: The Impacts of Online Spaces and How to Help**

Dr. Katie Guinn and Andrew Brown will explore the impact of social media and digital technology on today's youth, examining how virtual environments influence behavior, relationships, and mental health. Participants will gain insight into the science, algorithms, and marketing strategies behind popular platforms and learn practical ways to support youth in navigating these spaces safely. The session provides actionable strategies for helping professionals, parents, and educators intervene, educate, and protect children in an increasingly digital world.

### Learning Objectives:

- 1. Participants will understand what youth experience in virtual spaces and how online engagement has evolved in recent years.*
- 2. Participants will learn common social media apps and describe the algorithms and marketing techniques that influence youth behavior.*
- 3. Participants will learn at least two practical strategies to help keep youth safe while navigating digital environments.*

## **Introduction to Internal Family Systems: A Practical Framework for Therapist, Part 1**

Beau Lavolette will introduce therapists to the Internal Family Systems (IFS) model, a powerful and integrative approach to understanding human behavior and healing trauma. Participants will learn how IFS helps clients access their innate capacity for healing, known as Self energy, while building compassionate relationships with their protective and wounded parts. The training blends teaching, live demonstration, and experiential practice to bring the model to life. Therapists will have opportunities to observe IFS in action and engage in guided exercises they can immediately apply with clients. This workshop offers a clear, practical introduction to IFS that emphasizes both clinical skill and therapist self-awareness.

### Learning Objectives:

- 1. Participants will learn the foundational concepts of Internal Family Systems (IFS), including Self energy and the three primary categories of parts: managers, firefighters, and exiles.*
- 2. Participants will be able to apply at least two IFS-informed techniques, such as parts mapping, the 8Cs of Self energy, or internal dialogue exercises, to enhance therapeutic work with clients.*
- 3. Participants will recognize their own therapist parts that arise in clinical settings and practice using Self energy to stay grounded, compassionate, and attuned during sessions.*

# THURSDAY SESSION 1 OBJECTIVES, CONT.

## **The “Forgotten Grievors”: Understanding Children’s Grief**

Grief and death remain taboo topics in many communities, yet grief and death affect every one of us at some point. This presentation aims to break the stigma surrounding children’s grief and provide attendees with the knowledge and confidence to address it thoughtfully and compassionately. Focusing on the often-overlooked “forgotten grievors,” participants will explore the prevalence of children’s grief in Louisiana, understand grief-related terminology and types, and examine factors that influence the grieving process. The session will conclude with practical strategies for supporting children and others navigating bereavement.

### **Learning Objectives:**

- 1. Participants will understand the prevalence of children’s grief in Louisiana and recognize its potential impact on children.*
- 2. Participants will gain insight into how children experience and express grief, including different types of grief and influencing factors.*
- 3. Participants will learn practical approaches and strategies for supporting grieving children and individuals.*

# THURSDAY SESSION 2 OBJECTIVES

## **From Mandated Reporter to Mandated Supporter**

Many professionals and volunteers fall under the category of being a mandated reporter – meaning that they are required by law to disclose any suspicion of child abuse and/or neglect to the appropriate reporting entity. Often a difficult part of the helping profession, but is crucial. While mandated reporters are not the investigators of child abuse/neglect it is important to have a firm understanding of the legal definitions of these terms and what signs may indicate that a report is necessary. This training will overview definitions, signs, and considerations for identifying suspicions of abuse/neglect and will review how to file these reports. Going a step further this training will provide audiences knowledge and insight on how to take a role as a mandated reporter into a role as a mandated supporter. The goal of the child welfare system is not to punish parents, but to strengthen families and this must be conveyed in order to keep families connected to care. Skills as a mandated supporter will equip you with tools on how to display empathy and positive regard for your families, in the event you do need to disclose that you must make a report of suspicion of abuse/neglect, so that we may do our best to keep families connected to the support we are providing.

### **Learning Objectives:**

- 1. Participants will understand the legal role of a mandated reporter and who are mandated reporters.*
- 2. Participants will learn to differentiate between considerations and signs for suspicions of abuse vs. neglect.*
- 3. Participants will gain skills in active listening and non-violent communication to facilitate strength building conversations with parents/caregivers.*

## **Introduction to Internal Family Systems: A Practical Framework for Therapist, Part 2**

Beau Lavolette will introduce therapists to the Internal Family Systems (IFS) model, a powerful and integrative approach to understanding human behavior and healing trauma. Participants will learn how IFS helps clients access their innate capacity for healing, known as Self energy, while building compassionate relationships with their protective and wounded parts. The training blends teaching, live demonstration, and experiential practice to bring the model to life. Therapists will have opportunities to observe IFS in action and engage in guided exercises they can immediately apply with clients. This workshop offers a clear, practical introduction to IFS that emphasizes both clinical skill and therapist self-awareness.

### **Learning Objectives:**

- 1. Participants will learn the foundational concepts of Internal Family Systems (IFS), including Self energy and the three primary categories of parts: managers, firefighters, and exiles.*
- 2. Participants will be able to apply at least two IFS-informed techniques, such as parts mapping, the 8Cs of Self energy, or internal dialogue exercises, to enhance therapeutic work with clients.*
- 3. Participants will recognize their own therapist parts that arise in clinical settings and practice using Self energy to stay grounded, compassionate, and attuned during sessions.*

# THURSDAY SESSION 2 OBJECTIVES, CONT.

## **When Words Aren't Enough: Using Art in Child and Adolescent Therapy**

Angela Lee's practice-focused presentation invites clinicians to explore how art can be intentionally integrated into every phase of therapy with children and adolescents. Participants will experience a variety of creative, developmentally appropriate art activities designed to support rapport building, enhance assessment, facilitate emotional expression during treatment, and bring meaningful closure during termination.

Angela Lee will demonstrate how art can help young clients communicate experiences that may be difficult to express verbally, while also strengthening therapeutic engagement and insight. Attendees will leave with concrete tools, adaptable techniques, and increased confidence in using art-based interventions to empower children and adolescents both within and beyond the therapy room.

### **Learning Objectives:**

- 1. Participants will learn foundational art mediums commonly used in therapy and basic guidelines for clinical interpretation.*
- 2. Participants will learn specific art-based techniques appropriate for each phase of the therapeutic process, from intake through termination.*
- 3. Participants will learn strategies to empower clients to utilize art as a tool for self-expression, coping, and positive change beyond therapy.*

## **Pedophilia through the Lifespan: Clinical and Correctional Perspectives**

Sarah Monceaux and Kara Warshaw's presentation provides an evidence-based framework for understanding, assessing, and managing pedophilic disorder across the lifespan, with a focus on both clinical and correctional settings. Attendees will learn to distinguish pedophilic interest from pedophilic disorder as defined by the DSM-5, with emphasis on risk of harm. The session covers prevalence in community and correctional populations, core clinical features—including exclusive vs. non-exclusive attraction, cognitive distortions, and common comorbidities—and integrated treatment approaches combining CBT, relapse prevention, and pharmacologic options. Correctional management topics include classification, housing, program placement, and the importance of collaboration among psychiatry, psychology, and security staff. Ethical and legal considerations, including informed consent, mandated reporting, civil commitment, and thorough documentation, will also be addressed. Case vignettes illustrate diagnostic precision, stepped-care approaches, and release planning.

### **Learning Objectives:**

- 1. Participants will be able to define pedophilic disorder and differentiate it from pedophilic interest.*
- 2. Participants will understand the assessment and diagnostic processes for pedophilic disorder across clinical and correctional contexts.*
- 3. Participants will learn medical and psychological treatment approaches used to manage pedophilic disorders.*

# THURSDAY SESSION 3 OBJECTIVES

## **Enneagram + Attachment: The 9 Personality Types, Attachment Style, & Clinical Application, Part 1**

Tuyl Mogabgab and Carol Soltz will explore how personality and attachment style impact adult relationships. The Enneagram of Personality will give us a map for understanding the 9 types and various influences on these types. The Enneagram is a tool for helping understand what motivates behavior, communication style, limitations and growth edges. It gives us information about how and why different people engage, behave, respond, hurt and heal the way they do, helping us better understand each and every encounter we have with others. Attachment style also offers a map into how we relate to others in the world, but it gives deeper insight into our most intimate and important relationships. This course will take the wisdom of both to explore the interplay of what makes up personality and relational patterns so that we can best support our clients as well as our own growth and relational wellness.

### **Learning Objectives:**

- 1. Participants will understand the 9 Enneagram Personality Types and the core motivations, needs, wounds, and lost messages for each type.*
- 2. Participants will understand attachment styles, the impact of trauma, and how this plays into adult relationships.*
- 3. Participants will understand the interplay of Enneagram & Attachment and its use in clinical settings using Constellation tool.*

## **Attachment, Vulnerability, and the Narcissistic Self: Rethinking NPS in Modern Practice**

Narcissistic Personality Disorder (NPD) often enters the clinical room not through overt grandiosity, but through subtle patterns of vulnerability, dysregulation and interpersonal distress. Many individuals with NPD do not seek treatment, and instead present with secondary symptoms which often impact their close relationships. In this training we will discuss a thorough description and definition of NPD, core clinical themes of the disorder, how patients with NPD present in treatment, how this personality disorder affects relationships, clinical hallmarks, and implications for treatment.

### **Learning Objectives:**

- 1. Participants will learn to properly understand the formal diagnosis of NPD and distinguish from the incorrect usage of NPD as a mainstream insult.*
- 2. Participants will learn to how NPD originates, and how behavior makes sense in context.*
- 3. Participants will learn how NPD is experienced, how it can impact close relationships, what are clinical hallmarks, and further implications for treatment of NPD.*

# THURSDAY SESSION 3 OBJECTIVES, CONT.

## **Over-Pressured & Under-Prepared: The Psychological Pitfalls of Modern Adolescence and a Pathway into Possibility, Part 2 to Keynote**

David Durand will expand on the keynote by diving deeper into the three major psychological traps facing modern adolescents; perfectionism, productionism, and people-pleasing. He will guide attendees through evidence-based tools and strategies drawn from clinical psychology, sports and performance psychology, cognitive-behavioral approaches, and nervous system regulation. Participants will learn how to identify these traps in adolescents, understand the mechanisms that keep them stuck, and practice the same psychological skills David uses with youth, athletes, parents, and teams. This session balances education, real-world examples, and practical exercises that participants can implement immediately in their homes, classrooms, or programs.

### **Learning Objectives:**

- 1. Participants will be able to identify and distinguish the three core psychological pitfalls affecting modern adolescents; perfectionism, productionism, and people-pleasing; and recognize how each one manifests behaviorally, emotionally, and socially.*
- 2. Participants will learn evidence-based psychological and nervous system regulation strategies (e.g., CBT/REBT reframing, values-based coaching, sensory regulation tools) that support adolescents in reducing pressure, increasing resilience, and improving self-regulation.*
- 3. Participants will develop practical skills for applying these tools in real-world settings' including classrooms, counseling contexts, athletic environments, and community program, to help adolescents build healthier identities, navigate stress, and engage with challenges more constructively.*

## **Parenting like a Pack Leader: Lessons from Animal-Assisted Therapy for Family Dynamics**

Sarah Monceaux & Kara Warshaw's presentation explores how insights from animal-assisted therapy and effective animal handling can guide helping professionals in supporting parents and families with complex dynamics. Drawing parallels between animal behavior and family systems, participants will learn how consistency, tone, body language, and trust can foster leadership and cooperation without relying on fear or control. Attendees will gain practical strategies to engage parents effectively, build stronger parent-child relationships, and help families establish healthy patterns of interaction.

### **Learning Objectives:**

- 1. Participants will understand how principles of animal behavior can inform positive family leadership and dynamics.*
- 2. Participants will learn practical strategies from therapy dog training—such as consistency, calm assertiveness, and trust-building—that can be applied when supporting parents.*
- 3. Participants will recognize how parents and children respond to emotional cues, structure, and leadership within the family system.*

# THURSDAY SESSION 4 OBJECTIVES

## **Enneagram + Attachment: The 9 Personality Types, Attachment Style, & Clinical Application, Part 2**

Tuyl Mogabgab and Carol Soltz will explore how personality and attachment style impact adult relationships. The Enneagram of Personality will give us a map for understanding the 9 types and various influences on these types. The Enneagram is a tool for helping understand what motivates behavior, communication style, limitations and growth edges. It gives us information about how and why different people engage, behave, respond, hurt and heal the way they do, helping us better understand each and every encounter we have with others. Attachment style also offers a map into how we relate to others in the world, but it gives deeper insight into our most intimate and important relationships. This course will take the wisdom of both to explore the interplay of what makes up personality and relational patterns so that we can best support our clients as well as our own growth and relational wellness.

### **Learning Objectives:**

- 1. Participants will understand the 9 Enneagram Personality Types and the core motivations, needs, wounds, and lost messages for each type.*
- 2. Participants will understand attachment styles, the impact of trauma, and how this plays into adult relationships.*
- 3. Participants will understand the interplay of Enneagram & Attachment and its use in clinical settings using Constellation tool.*

## **Maternal Mental Health Matters: Suicide Education and Response**

New and expecting mothers can face significant mental health challenges, and helping professionals play a critical role in recognizing risk and responding with care. This presentation provides practical guidance for identifying suicide risk among pregnant and postpartum mothers, understanding risk and protective factors, and engaging in supportive, safety-focused conversations. Participants will learn how to assess risk, respond appropriately to suicidal ideation, and connect mothers to local and community-based resources that support maternal well-being.

### **Learning Objectives:**

- 1. Participants will understand mental health risks and protective factors associated with the postpartum period.*
- 2. Participants will learn how to recognize signs of distress and respond effectively to suicide risk among pregnant and postpartum mothers.*
- 3. Participants will develop effective communication and intervention strategies to support maternal safety and connect families to appropriate resources.*

# THURSDAY SESSION 4 OBJECTIVES, CONT.

## **Uncovering the Link: The Connection Between Domestic Violence, Sexual Assault, and Human Trafficking**

Monica Taylor explores the critical connections between domestic violence, sexual assault, and human trafficking. Participants will learn how these issues often intersect, the impact they have on survivors, and highlight current legislative efforts aimed at both prevention and support. This presentation will provide a deeper insight into these overlapping challenges and the policies designed to address them.

### **Learning Objectives:**

- 1. Participants will learn to identify the intersections between domestic violence, sexual assault, and human trafficking, and understand how these forms of abuse often overlap in both patterns and impact on survivors.*
- 2. Participants will learn to examine the short- and long-term effects of these interconnected issues on survivors, including physical, emotional, and social consequences.*
- 3. Participants will learn to gain insight into current legislative efforts and policy initiatives designed to prevent abuse and support survivors across all three areas.*

## **Two Worlds, One Mission: Bridging School and Clinical Counseling**

Vickie Wynn will explore the foundational processes schools use to assess and support students in need, with a focus on the role and scope of school counselors. Participants will gain a clearer understanding of how school-based support systems function and the parameters within which school counselors operate. This session will also highlight the critical information and collaboration school counselors need from outside clinicians to more effectively support students. Attendees will work through practical strategies to strengthen communication, coordination, and continuity of care between school and clinical settings, promoting more informed and effective support for students.

### **Learning Objectives:**

- 1. Participants will understand common processes schools use to assess and support students.*
- 2. Participants will learn key information and communication practices that improve collaboration between school counselors and outside clinicians.*
- 3. Participants will participate and develop practical strategies to improve coordination between school-based and clinical counseling services.*

## **A Missing Piece: Parental & Caregiver Involvement in the Prevention of Child Sexual Abuse**

This presentation examines how child sexual abuse prevention and child safety are advanced through multidisciplinary team (MDT) collaboration, with a focus on how the disclosure process intersects with primary, secondary, and tertiary prevention. Drawing on The Mama Bear Effect's recent research on parental and caregiver perspectives, participants will explore how prevention functions as safety throughout the disclosure continuum and how each MDT member's role contributes to protecting children.

Attendees will gain practical insight into parents' and caregivers' responsibilities, capacities, and limitations in preventing abuse, as well as strategies MDT professionals can use to encourage supportive and protective caregiver responses following concerns or disclosures. The session also addresses how caregivers' lived experiences, including prior victimization, influence their beliefs about prevention and decision-making for their children. Emphasizing trauma-informed practice, this presentation highlights how engaging caregivers as partners in prevention strengthens protective capacities, improves child safety outcomes, and supports long-term family stability.

### **Learning Objectives:**

- 1. Participants will be able to explain how the child disclosure process intersects with primary, secondary, and tertiary prevention, and identify the distinct roles and responsibilities of MDT members at each stage.*
- 2. Participants will learn to assess parental and caregiver protective capacities and apply MDT-informed strategies to support caregiver engagement and protective responses following concerns or disclosures.*
- 3. Participants will learn to recognize how caregivers' lived experiences, including prior victimization, shape their beliefs about abuse prevention and influence protective decision-making for their children.*

## **Replacing Self-Care with Resiliency Skills for Helping Professionals, Part 1**

If you feel like you have to put on a coat or armor before going to work and engaging with clients on a daily basis, this session is for you. As helping professionals, it is difficult but necessary to stay emotionally engaged with our clients as they share their traumatic stories. This session will present a different framework for dealing with secondary traumatic stress. Participants will learn about and practice using tools to help them stay connected to their work and increase resilience for a long and healthy career as a helping professional.

### **Learning Objectives:**

- 1. Participants will learn to assess the impact of secondary traumatic stress on their personal and professional lives and how popular burnout prevention techniques are ineffective*
- 2. Participants will learn to outline an evidence-based framework for addressing the negative effects of working with individuals experiencing trauma*
- 3. Participants will learn to build a repertoire of tools one can use before during and after challenging cases to improve resilience.*

## **The REAL Definition of Codependency**

Tanya Stuart offers a clear, practical exploration of what codependency truly is, how it develops, and how it impacts emotional well-being and relationships. Moving beyond common misconceptions, participants will examine the psychological and relational roots of codependency and identify the signs and patterns that often show up in everyday interactions. The session includes a guided self-reflective component, inviting participants to explore the question, “Am I codependent?” using structured prompts and assessment tools. Attendees will also learn effective treatment strategies, including boundary-setting, emotional regulation, and skills that promote healthier, more balanced relationships. Participants will leave with increased clarity, self-awareness, and practical tools to support healing and growth in themselves and others.

### **Learning Objectives:**

- 1. Participants will learn and understand the clinical definition of codependency.*
- 2. Participants will learn common patterns and characteristics of codependent behavior.*
- 3. Participants will learn specific treatment tools and techniques for addressing codependency in practice.*

## **From Love to Litigation: Guiding Clients through the Complex Dynamics of Narcissistic Relationships and Divorce**

Julie Este-McDonald will guide clinicians through the complex dynamics of narcissistic relationships and the unique challenges clients face during separation or divorce. Attendees will explore cycles of idealization and devaluation, power struggles in romantic and co-parenting relationships, and why traditional therapeutic or mediation approaches may fall short. Grounded in trauma-informed and attachment-based principles, the session provides practical strategies to help clients prioritize safety, regulate emotions, establish boundaries, and make empowered decisions, whether they choose to stay in the relationship or navigate the legal complexities of divorce.

### **Learning Objectives:**

- 1. Participants will learn and understand the defining traits and behavioral patterns of narcissism and their psychological impact on intimate partner relationships, separation, and divorce.*
- 2. Participants will demonstrate the application of trauma-informed and attachment-based interventions to help clients establish boundaries, regulate emotions, and communicate effectively with narcissistic partners.*
- 3. Participants will know how to implement evidence-informed strategies to support clients in making empowered decisions—whether staying or leaving—including safety planning, documentation, and co-parenting approaches.*

## **Counselors as Allies: Ethical and Effective Mental Health Care for the LGBTQ+ Community**

Members of the LGBTQ+ community are regularly in search of mental health providers, but often end up feeling disrespected or unsafe while in treatment. As mental health providers, we have an ethical duty to do no harm, which means staying up to date on our client's needs and being well-versed in supportive and effective service methods. In this workshop, we will discuss current issues affecting the LGBTQ+ community, learn language often used by members of the community, and discuss ways to respectfully meet their needs as counselors and allies.

### **Learning Objectives:**

- 1. Participants will learn to use and understand language and terminology relevant to the LGBTQ+ population.*
- 2. Participants will learn to provide supportive services and/or appropriate, non-discriminatory referral procedures.*
- 3. Participants will learn to stay up-to-date on issues currently affecting this population.*

## **Replacing Self-Care with Resiliency Skills for Helping Professionals, Part 2**

If you feel like you have to put on a coat or armor before going to work and engaging with clients on a daily basis, this session is for you. As helping professionals, it is difficult but necessary to stay emotionally engaged with our clients as they share their traumatic stories. This session will present a different framework for dealing with secondary traumatic stress. Participants will learn about and practice using tools to help them stay connected to their work and increase resilience for a long and healthy career as a helping professional.

### **Learning Objectives:**

- 1. Participants will learn to assess the impact of secondary traumatic stress on their personal and professional lives and how popular burnout prevention techniques are ineffective*
- 2. Participants will learn to outline an evidence-based framework for addressing the negative effects of working with individuals experiencing trauma*
- 3. Participants will learn to build a repertoire of tools one can use before during and after challenging cases to improve resilience.*

## **Screening and Treating Dissociation via Telehealth**

Treating trauma-related dissociation and emotional suppression can be challenging, even for experienced clinicians, especially when clients do not meet criteria for Dissociative Identity Disorder (DID). This session will provide practical strategies for identifying and addressing dissociation in telehealth settings, including widely available screening tools and trauma-informed clinical interventions. Participants will also explore ways to create therapeutic safety online and apply experiential techniques to address blocking beliefs, enhancing engagement and promoting emotional processing in virtual sessions.

### **Learning Objectives:**

- 1. Participants will learn to utilize 2 screening instruments for dissociation that can be used on telehealth platforms.*
- 2. Participants will learn and understand at least 3 sub-clinical presentations of dissociation, trauma splitting, and emotional suppression.*
- 3. Participants will learn to demonstrate competency on how to treat blocking beliefs utilizing body based psychotherapy.*

## **Approaches to Working with Adolescents and Their Families**

Tanya Stuart offers a holistic, strengths-based approach to working with adolescents and their families, with a focus on improving communication, stability, and connection within the family system. Participants will explore strategies for establishing healthy boundaries, navigating family crises, and understanding the dynamics that influence adolescent behavior and family functioning. The session will cover common parenting styles, family roles, and how to determine appropriate levels of care based on both clinical and relational needs. Emphasis is placed on helping families recognize strengths and challenges without shame, fostering empathy, accountability, and growth. Participants will also review Motivational Interviewing principles, including OARS techniques, and gain practical tools to enhance engagement, communication, and resilience within families. Attendees will leave with increased confidence and actionable strategies to support healthier, more functional family dynamics.

### **Learning Objectives:**

- 1. Participants will learn strategies for establishing clear and healthy boundaries within family systems.*
- 2. Participants will learn understand how to identify and respond to family crises using a holistic, systems-based approach.*
- 3. Participants will learn to identify common parenting styles and family roles that influence adolescent functioning.*
- 4. Participants will learn key concepts and skills from Motivational Interviewing, including OARS techniques, to improve communication and increase stability within the family unit.*

## **Ages and Stages of Child Sexual Development, Sexual Abuse, and Sexual Behavior**

Sandra Onyinanya and Lisa Schuster will cover information about sexual development and behavior in children across their ages and stages. Each developmental stage will be explored, including common grooming behaviors that occur during sexual abuse. A developmental perspective will guide discussion about normative and concerning sexual behaviors during childhood. Case examples will be discussed and evaluated using interactive audience response. The classification system used by healthcare professionals to track stages of physical development during puberty will be outlined and the medical examination will be reviewed according to the age of the child. Basic strategies for responding to problematic sexual behaviors (PSB) will also be shared, along with guidelines for determining if treatment services would be beneficial for a child and family.

### **Learning Objectives:**

- 1. Participants will learn basic information regarding child sexual abuse and how each child is affected differently depending on their stage of development.*
- 2. Participants will understand the medical evaluation used, how to make the process more comfortable for the child, typical sexually abusive contacts at each developmental stage.*
- 3. Participants will understand normative and concerning child sexual behaviors at each developmental stage and Differentiate problematic sexual behavior from developmentally expected sexual behavior.*

## **Next-Level Supervision: Preparing Trauma Counselors for Real-World Practice**

Mike Caverly will explore innovative approaches to training trauma counselors and offer practical, research-informed strategies for preparing the next generation of clinicians. Participants will examine best practices in trauma-informed counselor education, learn the neurobiological foundations that support clinician resilience and effectiveness, and discover how to integrate trauma-informed principles into supervision. Attendees will leave with actionable tools to enhance their supervision, model trauma-informed skills, and better equip PLPCs for the complexities of trauma-focused work.

### **Learning Objectives:**

- 1. Participants will identify best-practice approaches to trauma-aware counselor education and training.*
- 2. Participants will understand the neurobiological underpinnings that help clinicians maintain control, tolerate clinical work, and prevent secondary trauma.*
- 3. Participants will learn how to integrate trauma counseling skills into supervision through modeling and applied strategies.*

## **Quick Advanced Integrative Therapy (AIT): Practical Techniques for Emotional Reprocessing and Self-Regulation**

*(This is a “part 2” to Treating Dissociation Via Telehealth)* Elizabeth Pace’s session serves as a continuation of “Screening and Treating Dissociation via Telehealth” and provides hands-on opportunities to integrate Quick AIT into clinical practice.

Elizabeth Pace will introduce clinicians to Advanced Integrative Therapy (AIT), a combined cognitive and somatic trauma therapy often compared to EMDR and Emotional Freedom Techniques (“Tapping”). Elizabeth will share the research that increasingly supports AIT’s effectiveness in desensitizing and reprocessing the emotional disturbances clients experience as a result of traumatic or challenging life events. The Quick AIT Protocol offers therapists a practical tool to use in session and teach clients for at-home self-regulation and self-soothing.

### **Learning Objectives:**

- 1. Participants will learn to describe 2 proposed mechanisms of action that allow AIT to desensitize and reprocess difficult emotions*
- 2. Participants will participate in an experiential activity in which they utilize QAIT Protocol facilitated by the presenter*
- 3. Participants will learn how to demonstrate competency in administering QAIT Protocol to a partner.*

# FRIDAY SESSION 4 OBJECTIVES

## Identifying Victims of Sexual Abuse or Human Trafficking

Clint Davis's presentation focuses on helping professionals identify individuals who may be experiencing or have experienced sexual abuse or human trafficking, particularly within high-acuity and emergency psychiatric settings. Participants will explore common signs, symptoms, behaviors, and environmental indicators associated with victimization, while gaining insight into how victims may perceive authority figures and systems of care. Emphasis is placed on trauma-informed approaches that support de-escalation, safety, and appropriate next steps, allowing providers to respond effectively while minimizing further harm.

### Learning Objectives:

- 1. Participants will learn to recognize and interpret signs, symptoms, behaviors, and conditions commonly present in individuals who are current or past victims of sexual abuse or human trafficking.*
- 2. Participants will understand victim perceptions and trauma responses in emergency psychiatric settings to support de-escalation and compassionate engagement.*
- 3. Participants will learn trauma-informed strategies for responding to suspected victimization, including initial safety considerations, documentation, and appropriate referral or reporting pathways.*

## Ethics in a Small Town for LPC's and LMFT's

Practicing therapy in a small or rural community presents unique ethical challenges, where overlapping roles, visibility, and limited resources can complicate clinical decision-making. This presentation explores common ethical dilemmas faced by LPCs and LMFTs in small-town settings, with direct reference to the ACA and AAMFT Code of Ethics and applicable standards for both professions. Through case examples and guided discussion, participants will examine realworld scenarios and develop ethical, defensible responses. Emphasis is placed on practical problem-solving, boundary management, and the effective use of consultation to support ethical practice in close-knit communities.

### Learning Objectives:

- 1. Participants will recognize common ethical dilemmas that arise in small or rural therapeutic settings.*
- 2. Participants will learn how to apply relevant codes of ethics to appropriately address and resolve ethical concerns.*
- 3. Participants will practice using consultation and collaborative discussion to navigate ethical dilemmas and support sound clinical decision-making.*

# FRIDAY SESSION 4 OBJECTIVES, CONT.

## **Every Mark Tells a Story: Pediatric Forensic Care, Laws and Reporting**

Forensic nurses, Tammy and Jessica, will explore what pediatric abuse, neglect, sexual abuse, human trafficking/exploitation, and nonfatal strangulation can look like across the community and what happens when a child reaches the emergency department. Recognizing child abuse and neglect is essential to preventing further trauma and reducing the long-term impact of Adverse Childhood Experiences (ACEs). This presentation will clarify key legal definitions and response pathways such as mandatory reporting and protective custody to strengthen coordination among agencies. This presentation will also shed light on local trends, explain the purpose and flow of the forensic medical exam, and highlight trauma-informed approaches that protect dignity while supporting safety and accountability.

### **Educational Objectives:**

1. Participants will learn to recognize common behavioral, situational, and physical warning indicators associated with child physical abuse/neglect, child sexual abuse, trafficking/sexual exploitation, and pediatric nonfatal strangulation
2. Participants learn to apply key legal definitions and response pathways (mandatory reporting, protective custody, sexually exploited child, etc.) to make timely referrals, improve multidisciplinary communication, and support child protection decisions.
3. Participants will gain understanding of the role of the forensic nurse and the flow of the pediatric forensic medical exam, including what forensic nurses document, how trauma-informed care is applied, and how medical findings can support safety planning.

## **Self-Harm and Sensory Satisfaction: Safer Ways to Cope**

Many clinicians are seeing a rise in self-harm among teenagers in their care. Self-injurious behaviors have long been treated as primarily a safety issue, resulting in high rates of hospitalizations and use of prescription medications as first lines of treatment. Perhaps we are missing a key component to self-harm: sensory stimulation. If we first tackle a child's need for sensory stimulation as a way to regulate emotions, we may be able to combat dangerous habits and help parents to do the same. By focusing on sensory methods for self-regulation, we can help teens better understand their emotions and their behaviors while providing parents with tools to reduce their own anxiety as they work to keep their children safe while fostering trust and open communication.

### **Learning Objectives:**

1. *Participants will learn to address self-harm behaviors and assess risk.*
2. *Participants will learn to better understand the connection between sensory processing and emotional regulation.*
3. *Participants will learn to provide guidance to teens and their caregivers regarding alternative methods for seeking stimulation to regulate emotions, while utilizing hospitalization appropriately.*

# CONFERENCE SPEAKERS



## TAMMY SMITH, BSN, RN, SANE-A, SANE-P

**SWLA SANE PROGRAM  
LAKE CHARLES MEMORIAL HEALTH SYSTEM**

Tammy Smith serves as the SANE/SART Manager and is responsible for the administration and oversight of the SWLA SANE Program. The Southwest Louisiana SANE program, founded over 25 years ago at Lake Charles Memorial Hospital, remains a cornerstone of trauma-informed care in our region. SANE nurses are specially trained to provide timely, compassionate, and evidence-based forensic care to survivors of abuse. The SANE nurses work closely with law enforcement, advocacy centers, child protection services, and legal partners to ensure that every patient receives not only medical attention, but also emotional support, forensic documentation, and a pathway to healing and justice.



## ANDREW BROWN, LPC

**COUNSELOR AND INTERN COORDINATOR  
THE CENTER FOR CHILDREN AND FAMILIES**

Andrew has worked at The Center for Children and Families providing community based Functional Family Therapy to families in rural communities for 7 years. He works to create a bridge with guardians and their children regarding modern technological trends, social media, and gaming. Particularly, how to ensure safe use of technology and working to empower families with knowledge surrounding a rapidly changing digital landscape.



## ANGELA LEE, LCSW-BACS

**CLINICAL SOCIAL WORKER  
THE CHILDREN'S CLINIC OF SWLA**

Angela Lee is a Licensed Clinical Social Worker and Board Approved Clinical Supervisor. She received her Bachelor of Social Work from Louisiana College and her Master of Social Work from Louisiana State University. Prior to joining the Children's Clinic in 2018, she worked for 12 years as a school social worker providing individual counseling, group counseling, and pupil appraisal assessments.



## BEAU LAVIOLETTE, MSW, LCSW

**PRIVATE PRACTITIONER/IFS-EMDR TRAINER**

Beau Laviolette, LCSW-BACS, is a Licensed Clinical Social Worker, Certified Internal Family Systems (IFS) Therapist, and EMDRIA-Approved Consultant. He is a lead trainer for the Syzygy Institute, which integrates IFS and EMDR in advanced professional trainings. Beau is also the founder of Healing Protectors, a nonprofit organization that offers IFS- and EMDR-based nature retreats for military veterans. He specializes in complex trauma and PTSD and maintains a private practice in Baton Rouge, Louisiana, where he lives with his wife and two boys.

**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS



## **BRAD GROS, LPC-S**

**PROGRAM DIRECTOR  
HEALING HOUSE**

Brad Gros is a Licensed Professional Counselor and Supervisor at Healing House: Hope for Grieving Children. Brad has been with the organization since 2009, and he became Program Director in 2018. Brad has expanded services with the organization, ensuring that all children are able to receive grief-related services, regardless of their relationship with the person who died. Additionally, Brad brought the organization's mission to schools, beginning the first school-based grief support groups in Lafayette parish. In addition to his work at Healing House, Brad owns a private practice and provides supervision and guidance to Provisionally Licensed Professional Counselors.



## **BRITTNEY WILLIAMS-WRIGHT, PLPC**

**COUNSELOR  
HEALING HOUSE**

Brittney Williams-Wright is a Provisional Licensed Professional Counselor at Healing House: Hope for Grieving Children, where she leads both school-based and young adult groups. With six years of dedicated involvement, four as a volunteer and two as a full-time staff member, Brittney advances Healing House's mission in schools, guiding children through the challenges of grief. Her background includes suicide prevention, case management, and grief counseling, equipping her with a thorough and empathetic approach to mental health. Brittney is dedicated to creating safe, restorative environments for youth and young adults facing loss. Beyond her professional life, Brittney finds renewal and grounding with her family, her greatest source of inspiration and strength.



## **DR. CORIE HEBERT, PH.D., LMSW**

**ASSOCIATE PROFESSOR & CHILD WELFARE PROGRAM COORDINATOR  
SOUTHEASTERN LOUISIANA UNIVERSITY**

Corie Hebert, Ph.D., LMSW is an Associate Professor and Child Welfare Program Coordinator at Southeastern Louisiana University. She has been teaching social work students for over twenty years with the majority of that time focused on recruiting and preparing social work students for public child welfare work. She was integral in the development of the Louisiana Child Welfare Training Academy, a statewide training partnership between the Louisiana Department of Children and Family Services, the Pelican Center for Children and Families and the Louisiana Universities Child Welfare Alliance; she serves as the project's principal investigator. Dr. Hebert received her B.A. from Auburn University, her M.S.W. from the University of Alabama and her Ph.D. from Louisiana State University. She actively engages in research concerning child welfare, foster parenting, human trafficking and teaching effectiveness, as well as training on those areas.

**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS



## ELIZABETH "BETH" PACE, LPC-S

**OWNER, THERAPIST  
WISE MIND BEHAVIORAL HEALTH**

Elizabeth "Beth" Pace is a trauma therapist, researcher and adjunct professor from New Orleans, LA. She primarily uses combined cognitive and somatic treatment modalities. Her passions include helping clinicians increase their confidence in treating challenging symptoms of trauma such as addiction and dissociation. Elizabeth is the acting chair of the Advanced Integrative Therapy Institute's research committee, and is an AIT teacher and supervisor.

## JULIE ESTE-MCDONALD, LPC-S (LA), LPC (TX)

**THERAPIST, PRESIDENT AND CEO  
SALT LIGHT COLLABORATIVE & HUMANKIND STRATEGIES**

Julie Este-McDonald holds a bachelor's degree in psychology, a master's degree in mental health counseling, and an MPhil in Industrial/Organizational Psychology. She is currently completing her dissertation on burnout as a Ph.D. candidate in Industrial/Organizational Psychology at Walden University. She is a Licensed Professional Counselor in the states of Louisiana and Texas, an LPC Supervisor in Louisiana, and a board-certified executive, leadership, and career coach. Additionally, she is a TBRI (Trust-Based Relational Intervention) Practitioner and has a post-graduate certificate in Pastoral Counseling. She founded the nonprofit, Salt and Light Collaborative, Inc., where she provides counseling services and community mental health outreach. She also founded Humankind Strategies, LLC, where she provides leadership coaching and organizational consulting services. She is currently contracted as a leadership coach with New York University- Abu Dhabi's Executive Education program, working with leaders in the King Abdullah Financial District Project.

## JESSICA M. PLAISANCE, BSN, RN, SANE-A, SANE-P

**SWLA SANE PROGRAM  
LAKE CHARLES MEMORIAL HEALTH SYSTEM**

Jessica Plaisance is a forensic nurse with Lake Charles Memorial Hospital and SWLA SANE with eight years' experience in forensic nursing and more than 13 years of nursing practice. She also serves as a clinical instructor and works in pre-and post-operative nursing. In addition, she is the Human Trafficking Nurse Leader for the SANE program, supporting education, identification, and trauma-informed response efforts.



**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS

## DR. KATIE C. GUINN, PH.D., LPC-S

**REGIONAL DIRECTOR  
THE CENTER FOR CHILDREN AND FAMILIES**

Dr. Guinn is the Regional Director at the Center for Children and Families in Crowley, LA, and has served in this role for 10 years. Dr. Guinn has provided in-home family therapy for multiple years, and helped expand critical services to South Louisiana. Dr. Guinn is an LPC Supervisor in the State of Louisiana, and is a published author in the Epoch Times in an article discussing the correlation of Tik Tok to grooming of sex trafficking. Dr. Guinn is also an adjunct faculty at National University in the Marriage and Family Therapy Graduate Program. Dr. Guinn resides in Jennings, Louisiana with her husband and two children.

## KARA WARSHAW, FNP, PMHNP

**OWNER, CLINICAN  
UNITY PSYCHIATRY**

Kara Warshaw is a psychiatric and family nurse practitioner with over 20 years of experience. She is the co-owner of Unity Psychiatry and Correctional Health Alliance and has experience in family practice, psychiatry, acute care, and correctional settings. She is a team member of Louisiana Opioid Work Group and The Louisiana Bridge Program.

## KRISTEN CASSIDY, M.A., LPC-S, NCC, CEAP

**PRIVATE PRACTITIONER**

Kristen Cassidy, M.A., LPC-S, NCC, earned a MA degree in counseling psychology from McNeese State University in 2010. She is a Licensed Professional Counselor-Supervisor and a National Certified Counselor in private practice in Jennings, LA. Before starting private practice in 2014, Kristen worked for Family & Youth as a forensic interviewer and a counselor. Aside from private practice, Kristen continues to work with Family & Youth to provide counseling to survivors of sexual abuse and their families. She works with juvenile status offenders and their families as the FINS (Families in Need of Services) officer for the 31st Judicial District Court in Jefferson Davis Parish. In 2020, Kristen completed training as a Trust-Based Relational Intervention Practitioner (TBRI) and works largely with victims and survivors of trauma.

## LISA SCHUSTER, PHD, ABPP

**LICENSED PSYCHOLOGIST  
CHILDREN'S MEDICAL CENTER, DALLAS, TX**

Dr. Lisa Schuster is a licensed psychologist working with the REACH (Referral and Evaluation of At-Risk Children) team at Children's Health, a clinical assistant professor in the Department of Psychiatry at the UT Southwestern Medical Center, and is board certified in clinical child and adolescent psychology by the American Board of Professional Psychology (ABPP). Since 2014, Dr. Schuster has worked embedded with a hospital-based multidisciplinary child maltreatment team, where she provides specialized care to children with concerns of abuse or neglect. In this role, Dr. Schuster assesses children for difficulties in emotional or behavioral functioning, addresses the mental health needs of patients, and helps families cope with both the immediate aftermath of maltreatment and the long-term consequences, in addition to providing support to team members.

**\*All biographical information was written and submitted by speakers\***



# CONFERENCE SPEAKERS

## MICHAEL F. MONIC, LPC-S, LMFT

**OWNER/THERAPIST**  
**MICHAEL F. MONIC M.A., LPC, INC.**

Michael F. Monic is a Licensed Professional Counselor-Supervisor and Licensed Marriage and Family Therapist. He has practiced in Jennings, Louisiana, for 19 years. He also has presented at numerous conferences in both Louisiana and Texas on various topics, including Ethics for Licensed Professional Counselors and Licensed Marriage and Family Therapists; Psychopath & Serial Killers; and Sexual Offender Treatment and Assessment. Michael Monic is the recipient of the 2011 Government Relations Award by the Louisiana Counseling Association (LCA). He served two years on the government relations committee for LCA.

## MIKE CAVERLY, PH.D., LPC

**ASSISTANT PROFESSOR**  
**MCNEESE STATE UNIVERSITY**

Mike Caverly is originally from Austin, Texas. He earned his Master's degree in Counseling from the University of Queensland in Brisbane, Australia, where he developed a strong foundation in counseling practice and specialized in trauma-informed care. He later completed his Ph.D. in Counselor Education and Supervision at Northern Illinois University. His primary research focus is trauma counselor andragogy, the study of how best to educate and train counselors who work with trauma.

## SANDRA ONYINANYA, APRN, CPNP-PC, CA-CP SANE

**PEDIATRIC NURSE PRACTITIONER**  
**REACH PROGRAM**  
**UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER**

Sandra Onyi is a certified pediatric nurse practitioner specializing in child maltreatment. She has worked in the child maltreatment field from since 2002. She is currently employed at the University of Texas Southwestern Medical Center in the REACH (Referral and Evaluation of at-Risk Children) Clinic. She is the SANE coordinator for Children's Health Children's Medical Center and is a reviewer for the Journal of Pediatric Healthcare.

## SARAH MONCEAUX, MSN, APRN, PMHNP-BC

**OWNER**  
**UNITY PSYCHIATRY**

Sarah Monceaux is a psychiatric mental health nurse practitioner and co-owner of Unity Psychiatry and Correctional Health Alliance. She also serves as a board member for Able Moms International, is a member of the Maternal and Child Health Workgroup, and participates on the Child Death Review Team. In addition, she is actively involved with the Alliance to Fight Human Trafficking in Southwest Louisiana and serves on the Louisiana Human Trafficking Prevention Commission Subcommittee.

**\*All biographical information was written and submitted by speakers\***



# CONFERENCE SPEAKERS

## SHARRARD CRESPO, MSW, LCSW

**VICE PRESIDENT OF EXTERNAL AFFAIRS  
VIA LINK**

Sherrard Crespo is a licensed clinical social worker (LCSW) who obtained her Master's Degree in Social Work from Louisiana State University in 2017. Her professional background is highlighted by her work with suicide education, prevention, intervention, and postvention. Sherrard is currently employed with VIA LINK in the position of Vice President of External Affairs where her current duties include: clinical oversight of VIA LINK's 24/7 contact center, community outreach and education on VIA LINK services as well as specialized skills and information on suicide response, crisis intervention, grief, and trauma. Sherrard also facilitates VIA LINK's support group: Survivors of Suicide Loss. She also serves as Director of Prevent Child Abuse Louisiana (PCAL), Louisiana's chapter of Prevent Child Abuse America in which her current focus includes education and advocacy for the community and professionals to support Louisiana families and prevent child abuse.

## TANYA STUART, LCSW-BACS, LAC, CCS

**FOUNDER/CO-OWNER  
THE MAPLES & GENESIS BEHAVIORAL HEALTH**

With more than two decades of counseling experience, Tanya Stuart is a highly effective and respected leader in the fields of mental health and substance abuse treatment for children, adolescents, and adults. Her proven holistic approach incorporates the mind, body, and spirit to establish a balanced life for those struggling with mental health and substance abuse issues. As the co-owner of multiple mental health facilities in Southeast Louisiana, Tanya is dedicating her career to ensure healthy and productive lives for adolescents with a proven approach that focuses on strengthening the family unit.

Tanya's passion for mentoring and teaching has led her to serve as a Clinical Assistant Professor at the LSU School of Medicine. Previously, she had served as an Adjunct Professor at LSU in the MSW Program. As co-owner of both The Maples and Genesis Behavioral Health Services, Tanya provides training sites for psychiatrists and master-level therapist internships to learn while gaining valuable experience. Tanya and her team of healthcare professionals practice the highest level of care with respect, integrity, and professionalism.

**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS



## **TUYL MOGABGAB, LCSW-BACS, MPH**

**OWNER, CLINICAL THERAPIST, & TRAINER  
THERAPY MUSE, LLC**

Tuyl Mogabgab, LCSW-BACS is a Restorative Practitioner, Suicidologist, and clinical therapist and trainer. She is currently in private practice, seeing clients from Louisiana, Washington, and Colorado. She also serves part time as the School Social Worker Supervisor at Salida Montessori Charter School. Tuyl has been in clinical social work for over 20 years, working in the school, healthcare, and criminal justice systems to bring trauma and grief informed mental health services, suicide education, training, and restorative practices. She has trained over 5,000 mental health professionals, administrators, school staff, parents, and students in suicide prevention and over 500 in Restorative Community Circles. Tuyl has held more than 150 circles with leadership, teams, school staff, colleagues, and families and over 50 virtual circles during COVID-19 with healthcare professionals across the nation.

Tuyl received her Bachelors in Psychology from LSU in 2007 and her MSW and MPH from Tulane University in New Orleans. In addition, she is certified as a School Suicide Prevention Specialist by the AAS, as a Crisis Intervention Specialist (CIS), in Recognizing and Responding to Suicide Risk and also in Lifelines. She is trained in EMDR and EMDR group protocols, DBT, and other trauma and crisis interventions such as Psychological First Aid (PFA), Trauma Focused Cognitive Behavior Therapy (TF-CBT), Cognitive Behavior Intervention for Trauma in Schools (CBITS), Trauma and Grief Component Therapy for Adolescents (TGCT-A) and Bounce Back.



## **ALLISON SUTHERLAND, B.S., CFP**

**CONTRACTOR  
MAMA BEAR EFFECT**

Allison Sutherland is a child protection professional with over a decade of experience across child protective services, juvenile courts, victim advocacy, prevention, and forensic interviewing. She holds a Bachelor's degree in Criminal Justice and has extensive experience working within multidisciplinary systems serving children and victims. Alison began her career in juvenile court and later served as a DFCS investigator handling child abuse and neglect cases, developing expertise in dependency, delinquency, and family treatment courts. She has logged more than 1,000 hours observing and participating in court proceedings. In 2019, she became a Crime Victim Liaison with a Texas police department and later trained as a forensic interviewer in the ChildFirst Protocol. She currently serves as Education and Outreach Coordinator at a children's advocacy center and is the founder of Prevention Starts with Parents, focused on preventing child sexual abuse.

**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS

## CAROL ANN SOLTZ, MPA

### **IN-CUSTODY ENNEAGRAM GUIDE ENNEAGRAM PROJECT**

Carol Ann Soltz is a certified Enneagram Guide with The Enneagram Prison Project where she guides trauma-informed self-awareness circles to residents of prisons and jails in California and Colorado. Since 2020, she has developed and led small group Enneagram and wellness training circles, centering the relationship to one's self. In both her group and individual Enneagram services, she incorporates whole-person awareness, group dialogue, interpersonal introspection, and somatic practices. Carol Ann has taken courses through the Narrative Enneagram, The Enneagram Institute, and Educare Unlearning Institute, including 9 Unlearning Paths to Presence, Deepening Spiritual Awareness, Living on Purpose, Authentic Transformation, and Instincts & Subtypes. She is a 200-hour registered yoga teacher, and offers the connection between the body and mind through Embodied Enneagram workshops. She earned her Bachelor of Science at Texas A&M University in 1997, and her Masters in Public Administration from the University of Tennessee in 2004.

## VICKIE WYNN, LPC, NCC

### **COUNSELOR CONSULTANT CALCASIEU PARISH SCHOOL BOARD**

Vickie Wynn, MS, LPC, NCC, currently serves as the Counselor Consultant for the Calcasieu Parish School Board, where she supports nearly 90 school counselors across 56 schools serving more than 27,000 students. With over 27 years of experience in education, Vickie previously worked as a professional school counselor for 16 years at large elementary and middle schools. She also holds a special education teaching certification and spent 10 years teaching students with special needs. Her expertise includes in-depth knowledge of Individualized Education Programs (IEPs) and Individualized Accommodation Plans (IAPs). Vickie has served in both Louisiana and Texas school systems, bringing a broad perspective to her work in student support and counselor development.

**\*All biographical information was written and submitted by speakers\***

# CONFERENCE SPEAKERS



## MONICA TAYLOR

### **DIRECTOR OF COMMUNITY PROGRAMS AND PLANNING LOUISIANA GOVERNOR'S OFFICE**

Monica Taylor has been appointed by Governor Jeff Landry to serve as the Director of the Governor's Office of Community Programs and Planning. She will be working with eight programs housed within the Governor's office. These programs are responsible for providing leadership, support and some grant funding on various community issues related to woman and children, victims of crimes, drug abuse, disability services, and other related issues.

Previously, Ms. Taylor was the Director of Human Trafficking Prevention for the Governor's office. Ms. Taylor was responsible for leading the states continued efforts in the fight against both labor and sex trafficking. Additionally, Ms. Taylor served as the Attorney General's designee Louisiana Human Trafficking Prevention Commission and as a board member of the Louisiana Foundation Against Sexual Assault, and the Louisiana Alliance of Children's Advocacy Centers.

Before returning to Louisiana, Ms. Taylor spent 9 years in Washington D.C. where she served on the legislative staff in both the U.S House of Representatives and in the United State Senate. She worked for a national campaign committee and on a presidential race. Ms. Taylor went on to serve as the fundraiser and then the legislative director for the Rape, Abuse, and Incest National Network (RAINN).

Ms. Taylor received her undergraduate degree from the University of Southwestern Louisiana (currently ULL). Additionally, during that time, Ms. Taylor has completed 56 hours of PhD course work in Public Policy from University of New Orleans.

**\*All biographical information was written and submitted by speakers\***