



Autism Support Alliance
Children's Advocacy Center
Shannon Cox Counseling Center
The Leadership Center for Youth
Court Appointed Special Advocates
Human Services Response Institute
Children and Families Action Network
Performance Employee and Business Services

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FOR IMMEDIATE RELEASE

Blue Cross and Blue Shield of Louisiana Foundation supports Post-Partum Depression Services with \$100,000 grant



Pictured L to R: Julio Galan, President & CEO of Family & Youth; Chloe Wiley, Initiatives Manager for The Blue Cross and Blue Shield of Louisiana Foundation

(Lake Charles)— Family & Youth was granted \$100,000 from the Blue Cross and Blue Shield of Louisiana Foundation in support of the Shannon Cox Counseling Center, a Division of Family & Youth, to fund the Healthy Mothers Post-Partum Depression Program.

Thanks to the Blue Cross Foundation, mothers affected by pre- and post- partum depression will be able to receive services to improve the quality of life for them and their newborns.

Family and Youth Counseling Agency (Family & Youth), an award-winning organization, was established as a nonprofit family serving organization in 1970. It is the mission of Family & Youth to provide affordable and professional support through programs and services dedicated to advocacy, counseling, and education for the people of Southwest Louisiana and in communities we are called to serve. It is the belief of Family & Youth that all individuals and communities possess the ability to solve their own challenges when support is available. For more information about Family & Youth, visit www.fyca.org, call 337 436-9533, or like Family & Youth on Facebook.

The Blue Cross and Blue Shield of Louisiana Foundation works each day to improve the health and lives of Louisianians by empowering everyday people to do extraordinary good. By building and funding coalitions of friends, families and neighbors, the Foundation hopes to build a healthier Louisiana, particularly for its children. The foundation is funded

solely by Blue Cross and Blue Shield of Louisiana, but is a separate 501(c)(3) nonprofit entity. In 2020, Blue Cross and the Blue Cross Foundation invested more than \$14 million in Louisiana's communities and nonprofits with programs and services reaching 6.4 million Louisianians.

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FAMILY & YOUTH
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