Adapting to Meet the Needs of our Community

When Family & Youth first began it had two employees and one goal...to better Southwest Louisiana. Fast forward fifty years and Family & Youth now has nearly forty employees and eight thriving divisions, all geared towards accomplishing that same goal...to better Southwest Louisiana.

In our time as a family service organization, Family & Youth has moved locations six times and has continuously adapted our programs and initiatives in order to accommodate the growth and needs of our community. As each year passes the services that Family & Youth provides are redefined so that they will continue to always meet the changing needs of those in our community. Some programs have phased out as needs in the community changed, or other organizations began to provide services to meet those demands. Other programs such as the Shannon Cox Counseling Center, Court Appointed Special Advocates, and the Children’s Advocacy Center, have proven to be long-term needs in our community and have not only become fixtures at the agency, but have continuously grown over the years. Still, other programs such as the Human Services Response Institute, founded for emergency response services after Hurricanes Rita and Katrina, have been realigned to meet new needs in the community such as, Victim Advocacy and Domestic Violence services.

Though Family & Youth may be relatively small in size, the impact we have on this community and the individuals who call Southwest Louisiana home is small by no means. Over the years, when the community has grown, Family & Youth has followed in suit. When the needs of Southwest Louisiana have shifted, Family & Youth has adapted to meet those needs.

In 1980, the Performance Employee Assistance Program was incorporated to provide services to local industry and businesses in Southwest Louisiana. In 1997 the Children’s Advocacy Center joined the brand, followed by Court Appointed Special Advocates in 1999. The Human Services Response Institute was created in 2005 in the wake of Hurricanes Rita & Katrina. In 2010, it was the addition of a Grief Counseling Initiative to provide Grief Counseling Services and support to children. In 2016 it was the development of initiatives to combat the effects of domestic abuse, and help survivors of crimes gain strength. And now, in 2020 it is the expansion of our facilities that will allow an additional 4,400 individuals in our community to receive the vital services that Family & Youth provides. In each of
these examples Family & Youth recognized a need in the community and adapted to meet that need, taking the necessary steps to continue to provide the appropriate and relevant services to Southwest Louisiana.

Just as the past has proven, we are confident that Family & Youth will continue to work tirelessly to ensure that we are able to rise to the challenge of providing services to our rapidly changing community. And we know that you, our generous donors and supporters, will continue to assist Family & Youth in accomplishing our mission, as we discover new ways to expand, adapt, and innovate to ensure they cater to the needs of individuals who rely on their services.

We would like to extend a sincere and heartfelt thank you to those who have supported Family & Youth throughout the years and will continue to do so for many years to come. With your support we look forward to another successful year.

Caitlin Guillory
2020 Board Chair

Julio Galan
President & CEO

Family & Youth Mission

It is the belief of Family & Youth that all individuals possess the ability to solve their own challenges and live full and healthy lives when support is available. It is the mission of Family & Youth to provide affordable and professional support, through programs and services dedicated to advocacy, counseling, and education for the people of Southwest Louisiana. Our effort and commitment to building family values will guarantee a stable and stronger community.

Board of Directors

2020
Caitlin Guillory, Chair
Michael Hankins, Vice Chair
Jennifer Istre, Secretary
Donald Brinkman, Treasurer

Kerry Andersen
Emily Ashworth
Jeffrey Brighwell
E.T Browning
Jamie Chapman
Lisa Guerrero
Gustavo Gutierrez
Leslie Harless
Karen Harrell
Megan Hartman
Lynn Jones
Elizabeth McLaughlin
Julie Miller
Caitlin Morris
Gene Pittman
Nora Popillion
Randy Roach
Vic Salvador
Tammy Truax

2021
Caitlin Guillory, Chair
Michael Hankins, Vice Chair
Jennifer Istre, Secretary
Donald Brinkman, Treasurer
Owen Thompson, Imm. Past Chair

Emily Ashworth
E.T. Browning
Jamie Chapman
Leslie Harless
Karen Harrell
Megan Hartman
Lynn Jones

Elizabeth McLaughlin
Caitlin Morris
Gene Pittman
Nora Popillion
Randy Roach
Vic Salvador
Mark Hanudel, FF Liasion
On March 26, 2020, the Shannon Cox Counseling Center team provided their final full day of strictly face-to-face, in-person counseling to individuals, couples, and families at Family & Youth. And on March 27, 2020, the Shannon Cox Counseling Center team transitioned to providing 100% of its counseling and consultative services to individuals, couples, and families via teletherapy! In one day, the team shifted from providing face-to-face counseling to providing teletherapy for the remainder of 2020 – and still today. The difference, post-COVID 19, is that clients now have the option of face-to-face counseling or teletherapy, whichever they prefer.

Initially, the concept of a wholesale expansion of professional counseling to online platforms in Louisiana seemed extremely remote. I recall the early conversations and the skepticism. A common question was “How could teletherapy compete with real counseling?” Although this query was laden with a negative assumption and obviously insulting to those providing telemedicine, for example, there was but one honest answer to that question: We weren’t sure.

Conversations about the possibilities of Louisiana Licensed Professional Counselors (LPCs) providing counseling via teletherapy increased substantially over the past several years – and especially since 2014, when the American Counseling Association leadership added teletherapy guidelines to its Code of Ethics. Eventually, national ads promoting teletherapy could be viewed on television and in social media. One popular ad featured Olympic champion Michael Phelps. He spoke of his appreciation for counseling and the benefits of an on-demand service.

When the opportunity to learn more about teletherapy was offered locally, via a nine hour synchronous training sanctioned by the Louisiana LPC Board of Regents, I encouraged our counseling team to sign-up with me. My thought was, “Let’s find out more about this; and by the way, we don’t have to use it, and maybe we never will, but let’s take the training.”

And so we did. Soon all Shannon Cox Counseling Center counselors received the inaugural qualifying training. We learned about the rules, the protections for clients and for ourselves, the advantages of teletherapy and the disadvantages, as well as the most important differences between online and in-person counseling and which medium would be most valuable for the client and in which circumstance. We learned about safety and about equipment also, but at the end of all the training and all the pontificating, we guessed teletherapy might become a “special service” we could offer to a client in a unique circumstance, but in all likelihood, teletherapy surely wouldn’t and couldn’t fully replace face-to-face counseling… right?

And then came March 2020 and COVID restrictions – suddenly making the option of comfortably sitting with a client in a face-to-face format no longer viable! A new learning curve had begun. And now, over a year later, we can say our confidence and trust in teletherapy has grown significantly. There is ample good news about teletherapy we could not have realized without the experience of providing teletherapy, combined also with listening to our clients’ feedback and discovering the positives first-hand.
As an example, a recent article in Psychotherapy Networker contains interesting and validating information about the benefits of phone sessions that we at the Shannon Cox Counseling Center have experienced first-hand. The following italicized excerpt is from “The Surprising Intimacy of Phone Sessions,” by Daniela Gitlin. In the article, the author explains her bias. She writes: “If we must have technology in session with us, the rate of speech transmission [via phone] is closer to live conversation, and the fidelity of sound is far higher, especially from a landline…”

She continues, “Because I’m deprived of visual cues [when on the phone with a client], my hearing sharpens, and my sensitivity increases to subtle nuances of speech rate, rhythm, tone, and – this is really helpful – the client’s breathing. There are many more moments during the session where all my available senses are fully engaged, and it’s the same for the client…and there’s a silver lining to phone work. Thinking requires looking in. In a live session, when a client is speaking and looking at me, I maintain eye contact unless they break it. If they do, that releases me to gaze inside to think, but I still have to keep my eyes on them so as not to miss their return. Phone work frees my eyes to do what they [my eyes] want…which lets me think while continuing to actively listen and engage with the client.”

Even now, for some clients, counseling couldn’t and wouldn’t happen without the availability of phone counseling. Maybe it’s lack of transportation, or the inability to drive from a remote distance, or the inability to leave another person at home totally unattended. The reasons to choose counseling by phone are too numerous to list.

Online counseling via video is likewise valuable and popular. Being able to visually see one’s therapist is critical for many clients. And during COVID and after Hurricanes Laura and Delta, people needed access to their counselors more than ever. Once electricity was restored and the online option became available in our area, many clients did transition to online video sessions, while just as many stayed with phone counseling. Even when face-to-face counseling was again available, many still preferred or needed the option of either phone sessions or video sessions.

Regardless the format, therapists are trained to listen to and understand the deeper aspects of what is going on for the client in his or her life at that moment. It is our job, as counselors and psychotherapists, to gauge our clients’ experiences as communicated through their emotions. This can happen on the phone, online, and certainly when face-to-face. The benefit of having several options through which we connect with people in distress, means we have been able to be there for the people of Southwest Louisiana regardless of COVID, two hurricanes, an ice storm and a flood. We know that for so many, we have been and will continue to be the one constant element in their lives.

If you or your loved one wants to speak to someone about a problem you haven’t addressed, please call 337-436-9533 to make an appointment. We welcome your call and look forward to meeting with you, either in-person, by video, or via phone. Given the amount of devastation we all experienced last hurricane season, we know this coming season is going to be extremely stressful. Connect with a counselor now and learn ways to manage the distress you’re experiencing. We are, quite literally, a phone call away.
2020 IMPACT

Conducted 489 forensic interviews of children alleged to have been abused.

Delivered 3 child abuse prevention presentations to 119 participants in our community.

63 Volunteers devoted 525 hours to serving children, closing 22 cases.

Volunteers participated in 686 hours of training.

Volunteers traveled 8,235 miles to meet with children and their guardians.

Served 457 victims of crime and 56 victims of domestic abuse.

33 Youth Advisory Board members met quarterly to identify and discuss issues facing youth.

41 youth participated in Career Exploration activities.

31 youth increased their knowledge of the legislative process during Civic Engagement.

194 youth developed leadership skills through experiential activities.

65 youth participated in service learning projects in SWLA.

For more information on Family & Youth and our services
Phone: 337-436-9533   Website: www.fyca.org

Find us on Facebook facebook/FYCALC
Individuals and families received over 8,000 hours of counseling, education, and consultation.

75 mothers with clinical depression received professional interpersonal psychotherapy.

Provided grief counseling to 129 children and families.

Provided counseling services to 230 victims of family violence.

Provided counseling services to 117 victims of domestic abuse.

Provided counseling to 101 first responders, essential workers, and residents following Hurricanes Laura & Delta.

Provided 125 hours of training to area business supervisors and employees.

Provided crisis management for critical incidents throughout SWLA.

Hosted 302 participants at the 22nd annual conference.

Awarded over 3,528 hours of continuing education to professional clinicians.

Conducted 57 social learning sessions, serving 42 clients.

For more information on Family & Youth and our services
Phone: 337-436-9533 Website: www.fyca.org

Find us on Facebook
facebook/FYCALC
Thank You To Our Family & Youth Supporters!

**Initiator**
AT&T Louisiana  
L’Auberge Casino  
Resort Lake Charles

**Premier**
Cheniere Foundation  
IBERIABANK  
Lake Charles LNG  
Phillips 66  
Romero, Clodile  
Shell

**President**
Center for Orthopedics  
Gulf Coast Children’s Advocacy Center  
Hankins, Michael & Kari  
Kappa Alpha Theta  
LA Alliance of Children’s Advocacy Centers  
Lake Charles Toyota  
Tellurian Service  
Operations/Driftwood LNG  
Union Pacific Foundation

**Community**
Cameron Communications  
Cameron LNG  
CHRISTUS Ochsner St. Patrick Hospital-CHRISTUS Health  
Community Foundation of SWLA  
Hancock Whitney  
Henderson Family

**Executive**
Brentwood Behavioral Health- Shreveport  
Brightwell, Jeff & Eva  
CSE Federal Credit Union  
Duplechian, Trent & Brittany  
Earhart, Phil & Lucie  
Galan, Julio & Maria  
Generous Donor  
Gragson, Casiday & Guillery  
Junior League of Lake Charles  
Kiwanis Club of South Lake Charles  
Lapira, Paul & Kate  
Mitchell, Mark & Michele  
Morgan Stanley  
Mutual of America  
New York Life  
Oak Grove Wealth

**Partners**
PPG Industries  
R & H Qualify Refractory Services  
Shaddock, Stephen & Cammie  
Sylvester, Nancy  
UBS Wealth

**Management**
United Way of Southern Nevada  
Advocate  
Abshire, Damon  
AllState Foundation- Craig Doland  
AllState Foundation- John Fear  
BancorpSouth  
Bill Tassin Claims Service  
Carter, Kristi & Fred  
Facebook  
Finchum Enterprises  
Fontenot, Andy & Tammy  
Guitierrez, Gustavo & Yajaira  
Hays, Ralph  
Henning Guide Service  
Henning, Ginny & John  
Jarreau, Joey & Christ  
Jones, Waymond & Kathy  
JP Morgan Foundation  
Lake Charles Memorial Hospital  
Louisiana Companies  
McElroy Quirk & Burch  
Merchants & Farmers Bank  
Red River Bank

**Anniversary**
Burns, Benjamin  
Calcasieu Parish District Attorney’s Office  
Camara, Shawn & Roxanne
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chennault International</td>
<td></td>
<td>Airport Authority</td>
</tr>
<tr>
<td>First Baptist Church</td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Federal Bank of</td>
<td></td>
<td>Louisiana</td>
</tr>
<tr>
<td>First National Bank</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DeRidder</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Florida Network of</td>
<td></td>
<td>CACs</td>
</tr>
<tr>
<td>Hartman, Matt &amp; Museum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Indorama Ventures</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Istre, Jeremy &amp; Jennifer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kerlegon Joseph</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Louisiana Mortgage</td>
<td></td>
<td>Associates</td>
</tr>
<tr>
<td>Associates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>McCarty, Dave &amp; Glenda</td>
<td></td>
<td>University</td>
</tr>
<tr>
<td>McNeese State</td>
<td></td>
<td>University</td>
</tr>
<tr>
<td>Melton, Kevin &amp; Kim</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michael Cassidy District</td>
<td></td>
<td>Attorney, 31st JDC</td>
</tr>
<tr>
<td>Network for Good</td>
<td></td>
<td></td>
</tr>
<tr>
<td>New Beginnings at Lake</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Charles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pemberton, Blake &amp;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amanda</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SLIC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stream Wetland Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vridre, Saradell</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wong, Edwin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friend</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abel, Becky</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abshire, Jerod</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alvarez, Kimberly</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amazon Smiles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Angelle, Morgan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ashworth, Emily</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b1Bank</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barfield, Robert &amp; Chelsi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benevity Funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brown, Rita Rosamond</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Browning, E. T. &amp; Jeanie</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Buford, Hope</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bush, Sharon &amp; Steven</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calcasieu Area</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Council on Aging</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calcasieu Parish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Board</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carr, Dr. Candis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chatters, Bernard &amp; Dr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rachel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Christus-Coding Integrity</td>
<td></td>
<td></td>
</tr>
<tr>
<td>City of Sulphur</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crawford, Dr. Craig &amp;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Angela</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Demarets, Barbara</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DeMarie Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DePriest, Denise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Doucette, Alfred Jr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ferrello, Maria</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generous Donor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generous Donor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>George, John</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gieger, Zach &amp; Athena</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gillis, Kathryn</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Granger, Dustin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gravois, Sarah</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hanudel, Kathy &amp; Mark</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hardy, Michael</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Harless, Dana &amp; Leslie</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Harrell, Karen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Herrera, Ben</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hohensee, Heather</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hyatt, Ellen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Imperial Calcasieu</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Human Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Authority</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Pamela</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Wes &amp; Terra</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kennard, Debbie</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kids Can of SWLA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LA Partnership for C &amp; F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Landry, Dr. Stuart &amp;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blanche</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Leger, Jennifer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lennox, John &amp; Darla</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Literary Council</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lukes, Scott</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Magnolia LNG</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Martin, Lynette</td>
<td></td>
<td></td>
</tr>
<tr>
<td>McCanless, Dr. Edgar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>McCay, Terry &amp; Meiners,</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tina</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Miller, Stella</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Moss, Mrs. M. L. Oasis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prudential</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prudhomme, Patricia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Qualls, Jim &amp; Victoria</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ronnie Johns</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Schneider, Dr. Everett &amp;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Libby</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Segwin, Kate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>State Farm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foundation- McCarty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dave &amp; Glenda</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thompson, Mary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thorne, Austin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trahan, Bethany</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trahan, Roy Lynn</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Treme, Joseph &amp; Dr. Stephanie Mead</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tynes, Maurice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Williams, Claudia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Your Cause</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Thank You To Our Family Foundation Supporters!

**Champion**
Billy Navarre
Chevrolet
Delta Downs Racetrack
Casino & Hotel
Pumpelly, Glenn & Audra

**Steward**
Entergy Louisiana
Marriner, Ben & Molly

**Patron**
Merchants & Farmers Bank
Perry, Christine
Sasol Gives
Southwest Beverage

**Advocate**
Beauregard Parish District Attorney’s Office
J & J Exterminating Laundry World
Contributor
b1 Bank
BancorpSouth
Camara, Shawn & Roxanne
Cameron Parish District Attorney’s Office
DGA Planning (Northwestern Mutual)
Flavin, Tim
Galan, Julio & Maria
Hanudel, Mark & Kathy
Harless, Dana & Leslie

**Partner**
Benevity Funds
DeRouen, Martin & Julie
Dominque, Bill
Istre, Jeremy & Jennifer
Safety Council of SWLA
Terrell, Roland & Teri

**Associate**
Fielder, Trey & Ann
Fontenot, Kenneth
Higgins, Paul J.

**Friend**
Broussard, Tim & Lee
Carleton, Mike & Jackie
Couch, Steve & Susan
Courts, Charles
Doshier, Erika
Duplechian, David & Kim
Faul, Beau & Maria
Fontenot, John & Jodi
Frick, Dan

Guillory, Brad
Harrell, Karen
Harris, James
Haxthausen, Louis
Hebert, Dr. Edward
Henny, Jr., Leo P.
Kirkpatrick, Bruce
LaFleur, Andrea
McNeely, Jack
Meyer & Associates
Miesel, Victor
Nash, Markeyna
Nileszewski, Dr. Ram
Nyberg, Amy
Pickett, Owen
Queenan, Keith & Angela
Sanders, Rusty
Soileau, Robert
Thomas, Waylon
Waldmeier, Caleb
Wheeler, Jack
Williams, Bill & Emily

*We value our supporters and want to recognize each and every one of them. We apologize for any names we may have missed, corrections will be listed on our website at www.fyca.org.*
Thank you to our Friends and Partners!

**Foundation Society**
American Press Foundation
Andrew & Lania Vanchiere
AT&T
Ben & Molly Marriner
Cameron State Bank
Christine Perry, Cassi, Holt, Jamie, and Brennan
Delta Downs Racetrack Casino & Hotel
Dr. & Mrs. Scott Bergstedt
Dr. Jay R. Maust II & Mrs. Jules Maust
Ed, Madeline, Dori & Edward
Employees of Chennault International Airport Authority
Employees of Energy Transfer
Entergy Corporation
First Federal Bank
Friends of Family & Youth
Friends of Shannon Cox
G2X Energy, Inc.
Jim & Jean Evans
John & Sylvia Stelly
Juliet Hardtner
L’Auberge Casino Resort
Lake Charles LNG
Lake Charles Toyota
Langley, Williams, and Associates
Laura & Buddy Leach
Louise Cooper Glasspool
Mark & Kathy Hanudel
McDonald’s of Lake Charles
New York Life
Nissan of Lake Charles
Rick and Donna Richard
Robert & Eileen Piper
Sam & Denise Hebert
Sam Hebert Financial Group
SASOL North America
Sylvester Myers

The Family of Mollie Courmier
Broussard
Tim Broussard and J&J Exterminating Company
W.A. Glasspool, Jr.
Ward 3 Marshal Joey Alcede
Whitney National Bank

**Foundation Circle**
Ann & Steve Kuyper (Steve, Ashton, Gaven, Sadie, Seth & Sawyer)
Cameron LNG
Capital One Bank
Darren & Suzanne Labove
DeRouen Financial
Dr. & Mrs. A.T. Ordinario, Jr.
Dr. & Mrs. Gregory Bowling
Dr. & Mrs. Stuart Landry
Dr. Candis Carr
Fontenot & Camara Family
In Memory of Dr. Alberto Alcantara, MD
Jeff Davis Bank
Joe & Janet Stoma
John & Cindy Surles,
In Honor of CASA volunteers
Joseph & Cathy Banks
Julio & Maria Galan
Lake Charles Racquet Club
Marty & Julie DeRouen
McElveen Insurance, LLC
McDonalds of Lake Charles
Mr. & Mrs. James Gobert
Nancy Sylvester
Pedro & Carmen Rosa Choucino
Philip & Lucie Earhart
PPG Industries
Randy & Shari Davis
Stream Wetland Services, LLC
The Family of Dr. Charles Vanchiere
The Family of E. Leo Reddoch, III
 Toujours Planning, LLC
Trunkline LNG, LLC
Women & Children’s Hospital

Thank you to our supporters who have established endowments with the Family Foundation of Southwest Louisiana. The mission of the Family Foundation of Southwest Louisiana is to connect donors to the priorities that enhance the quality of family and community life for generations to come. If you are interested in establishing your own endowment or would like more information please visit www.fyca.org or call 337-436-9533.
Change. It’s Necessary, but Often Difficult.
David Duplechian, Vice President

Change, while often necessary, is very often difficult. Based on the numbers of children being seen annually in our Children’s Advocacy Center (CAC) and the projected population increase in our area as a result of our ongoing industrial expansion, the Family & Youth Board of Directors looked to the future and realized we needed to expand our capacity to deliver services. This led, thanks to the generous support of SWLA community, to a new building housing a larger CAC and an increased space for meetings, as well as trainings and youth activities.

While the focus was on the “new building,” there were several other considerations that had to be taken into account. An antiquated phone system and slow internet service both had to be upgraded to allow services to extend to the new facility, meaning additional costs and the headaches that came with technological change. Ultimately, though, these changes proved to be serendipitous.

While Family & Youth has always been a leader in service delivery in challenging times, I don’t think anyone could foresee the societal changes we’d be undergoing in the year 2020. The new building and the upgrades in technology, however, ensured that Family & Youth was equipped and prepared to meet these societal challenges, and when changes in the way we do business were mandated, Family & Youth was able to continue doing business.

And despite those changes in the way we do business, some things can’t change. Abused and neglected children still need to be seen face to face, and that “new building” (that our Board had the vision for) means we are now seeing children in a new, modern, expansive setting and better able to minimize the trauma that comes with them telling their story of abuse. 2019 was a year of change for Family & Youth, but that change more than prepared us for the challenges of 2020.

As always, none of what we do is possible without the support of the SWLA community, and behalf of the children and families we serve, we are always grateful.
Fiscal Year 2020

Sources of Support

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Special Events</td>
<td>$62,638</td>
<td>1%</td>
</tr>
<tr>
<td>Contributions, Investments &amp; Other</td>
<td>$305,941</td>
<td>13%</td>
</tr>
<tr>
<td>United Way of SWLA</td>
<td>$51,000</td>
<td>2%</td>
</tr>
<tr>
<td>Fees, Grants &amp; Programs</td>
<td>$1,891,532</td>
<td>78%</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$2,311,111</strong></td>
<td>100%</td>
</tr>
</tbody>
</table>

Expenditures

<table>
<thead>
<tr>
<th>Expenditure</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Management &amp; General</td>
<td>$255,356</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$115,265</td>
</tr>
<tr>
<td>Programs &amp; Services</td>
<td>$1,977,902</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td><strong>$2,348,523</strong></td>
</tr>
</tbody>
</table>

*The financial statements presented here are from a pre-audit report and are subject to change pending the completed 2019 financial audit.*
**Family and Youth Counseling Agency**

**Statement of Financial Position**

**December 31, 2020**

**ASSETS**

### Current Assets
- Cash and Cash Equivalents- Unrestricted: $268,197
- Cash and Cash Equivalents- Restricted: $126,151
- Governor’s Conference: $126,151
- Investments: $585,476
- Unconditional Promises to Give: $51,000
- Accounts Receivable, Less Allowance for Doubtful Accounts of $3,419: $34,854
- Contracts Receivable: $354,167
- Other Receivable: $35,691
- Prepaid Expenses: $20,593

**Total Current Assets**

$1,476,129

### Property and Equipment
- Building: $728,220
- Furniture and Equipment: $269,527
- Less Accumulated Depreciation: $997,747
- Land: $324,477

**Net Property and Equipment**

$82,800

$(673,270)

$407,277

**Total Assets**

$1,883,406
## LIABILITIES AND NET ASSETS

### Current Liabilities
- Accounts Payable $8,108
- Accrued Expenses $124,249
- Due to Governor’s Conference $126,151
- Unearned Income $230,324

**Total Current Liabilities** $488,832

### Long Term Liabilities, less current portion

**Total Liabilities** $764,932

### Current Net Assets
- Unrestricted
- Board Designated- Building Fund $200,000
- Board Designated- Program Expansion Reserve $50,000
- Board Designated- Dissolution Reserve Board $246,000
- Designated- Operating Reserve Undesignated $641,817

**Total Unrestricted Net Assets** $(70,343)

- Temporarily Restricted $1,060,474

**Total Net Assets** $50,000

**Total Liabilities and Net Assets** $1,883,406