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## FOR IMMEDIATE RELEASE

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### Sempra Energy Foundation donates to Family & Youth in support of mental health services



*Pictured L to R: Caitlin Guillory, Family & Youth Board of Directors Chair; Julio Galan, President and CEO of Family & Youth*

**(Lake Charles)**— Family & Youth was presented with a \$20,000 donation from the Sempra Energy Foundation in support of mental health services for front-line healthcare workers and their families.

The contribution from Sempra Energy Foundation will be utilized to initiate counseling, wellness checks, and case management services for front-line health care workers and their families, in our communities. While everyone in the United States has been affected in some capacity by the current crisis, none have been more affected than health care workers.

“For many nonprofit organizations, the COVID-19 pandemic is straining resources as demands increase,” said Dennis V. Arriola, board chair of the Sempra Energy Foundation, and executive vice president and group president of Sempra Energy. “The Sempra Energy Foundation grants are helping organizations provide critical services, and in the case of Family & Youth, directly supporting the doctors, nurses and others who are on the frontlines in fighting this pandemic.”

“Thanks to the Sempra Energy Foundation’s partnership, services to frontline healthcare workers and their families, will continue without interruption.” said Julio Galan, President & CEO of Family & Youth.

Family & Youth has been serving the community since 1970. It is the belief of Family & Youth that all individuals possess the ability to solve their own challenges and live full and healthy lives when support is available. It is the mission of Family & Youth to provide affordable and professional support through programs and services dedicated to the advocacy, counseling, and education for the people of Southwest Louisiana. Our effort and commitment to building family values will guarantee a stable and stronger community. For more information call 337.436.9533 or visit [www.fyca.org](http://www.fyca.org). Family and Youth is a United Way supported agency.

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Family & Youth  
220 Louie Street, Lake Charles, LA  
337-436-9533 [www.fyca.org](http://www.fyca.org)