

# Become a CASA volunteer



**C**ourt **A**ppointed **S**pecial **A**dvocate (CASA) volunteers are everyday citizens who judges appoint to advocate for the safety and well being of children who have been removed from their parents due to abuse or neglect. CASA volunteers ensure that the best interest of the child is considered when decisions are made in court. Volunteers are trained and supported by the CASA staff at Family & Youth.

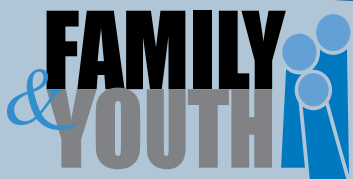
By becoming a CASA volunteer, you not only help change the course of a life for generations, but also create a safer, friendlier, and healthier community now and for years to come.

***If you're interested in volunteering  
call 337-436-9533 today!***

## **Research shows that volunteering at least 2 hours per week:**

- Has a positive effect on the physical health of adults age 65 and older.
- Leads to lower rates of depression in those 65 and older.
- Reduces despair and depression in those who volunteer after experiencing heart attacks.
- Means increased longevity in individuals over age 70.

**You'll have a cause...  
with a first and last name**



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**CASA**

Court Appointed Special Advocates  
**FOR CHILDREN**



**Make a  
difference  
in the life of an  
abused and  
neglected  
child.**



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**FAMILY  
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